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The dawn was known by the unexplored world of shadows and phantoms.

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00:00:40,000 --> 00:00:48,000

A land that knows no limits of time or space.

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00:00:48,000 --> 00:00:57,000

From the dawn of discovery to the nightfall of catastrophe,

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00:00:57,000 --> 00:01:05,000

journey to a universe of the unexplored, the unperceived, the unbelievable.

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00:01:05,000 --> 00:01:11,000

A place beyond reality where no question will go unanswered.

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00:01:11,000 --> 00:01:16,000

A place where myth and legend are all superstitious in the science.

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00:01:27,000 --> 00:01:42,000

It's time for our journey to begin.

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00:01:42,000 --> 00:01:55,000

It is the final answer for the questions that life poses.

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00:01:55,000 --> 00:01:58,000

But we too must ask.

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00:01:58,000 --> 00:02:02,000

Is death really the end?

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00:02:02,000 --> 00:02:12,000

Knowledge surrounds these library walls.

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00:02:12,000 --> 00:02:24,000

And with these instruments, that knowledge can be ours.

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00:02:24,000 --> 00:02:30,000

That undiscovered country from whose born no traveler returns.

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00:02:30,000 --> 00:02:34,000

Shakespeare had that view of the land called death.

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00:02:34,000 --> 00:02:38,000

A frightening terrain just outside the borders of our lives.

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00:02:38,000 --> 00:02:43,000

But this undiscovered country has been explored and uncharted.

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00:02:43,000 --> 00:02:52,000

By men and women who have crossed over and have come back to tell the tale.

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00:02:52,000 --> 00:02:56,000

This journey can begin in the most innocent of ways.

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00:02:56,000 --> 00:02:59,000

Well, it was about ten or so at night.

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00:02:59,000 --> 00:03:05,000

I was coming home from a late night at work and this girl flagged me down.

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00:03:05,000 --> 00:03:09,000

She had a flat tire and no jacks, so anyway, I helped her out.

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00:03:09,000 --> 00:03:13,000

It was actually kind of nice out, and I didn't like getting my hands dirty.

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00:03:13,000 --> 00:03:16,000

After all, it was a good cause, and she was kind of pretty.

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00:03:16,000 --> 00:03:21,000

I guess I was feeling like some sort of a rogue figure for saving the day.

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00:03:21,000 --> 00:03:23,000

We were having a nice get-a-coin kind of chat.

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00:03:23,000 --> 00:03:27,000

You know the kind where you really like somebody, but you both don't know it yet.

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00:03:27,000 --> 00:03:33,000

When this real weird guy showed up from nowhere, and, well, he didn't seem like he was going to leave.

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00:03:33,000 --> 00:03:37,000

I must have been distracted, because I never even heard that car.

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00:03:46,000 --> 00:03:48,000

And then the strangest thing happened.

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00:03:48,000 --> 00:03:53,000

I felt like I was lifting right out of my body, like I was a spectator to my own death.

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00:03:53,000 --> 00:03:57,000

I even saw that guy lift the girl's purse. It was positively bizarre.

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00:03:59,000 --> 00:04:03,000

The experience of leaving one's body is only the beginning of this amazing odyssey.

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00:04:03,000 --> 00:04:06,000

And many have returned to tell their tale.

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00:04:06,000 --> 00:04:11,000

Ahead of me, I could see what looked like I was in a tunnel,

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00:04:11,000 --> 00:04:17,000

and there was a very strong light, a very bright light, white light, at the other end of the tunnel.

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00:04:17,000 --> 00:04:19,000

And I was drawn toward that.

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00:04:19,000 --> 00:04:24,000

I could see my body laying there in a crescent-shaped position under the water,

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00:04:24,000 --> 00:04:26,000

as myself as being removed from it.

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00:04:26,000 --> 00:04:32,000

Depending on what I was seeing, it had a color, and it would flash.

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00:04:32,000 --> 00:04:39,000

But I did return to my body as soon as it was over, when I could no longer feel trauma.

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00:04:40,000 --> 00:04:46,000

And upon return, many of these witnesses vividly remember their journey.

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00:04:46,000 --> 00:04:50,000

Surprising, they all describe very much the same things.

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00:04:50,000 --> 00:04:54,000

The same tunnel of light, the same floating over their body.

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00:04:54,000 --> 00:04:59,000

And occasionally, that experience can have some unforeseen consequences.

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00:05:00,000 --> 00:05:04,000

Suddenly, I woke up. I know now they had sat me back a while.

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00:05:04,000 --> 00:05:10,000

And the weirdest thing was, I just had to tell that girl about the guy ripping off her purse.

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00:05:10,000 --> 00:05:13,000

And for some reason, she believed me.

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00:05:15,000 --> 00:05:17,000

And you know what? He had taken it.

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00:05:17,000 --> 00:05:21,000

I mean, you tell me what's going on here.

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00:05:24,000 --> 00:05:31,000

There are a number of doctors who believe that these experiences are nothing more than the body's physiological reaction to great trauma.

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00:05:31,000 --> 00:05:35,000

Or a product of the drugs administered during life-saving procedures.

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00:05:35,000 --> 00:05:37,000

But nobody can say for certain.

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00:05:38,000 --> 00:05:44,000

In the United States, 73% of the population believe in life after death.

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00:05:44,000 --> 00:05:47,000

That number is even higher in other parts of the world.

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00:05:50,000 --> 00:05:53,000

Belief in an afterlife has always been with us.

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00:05:53,000 --> 00:05:58,000

Neanderthal man carefully prepared graves with food to sustain a long journey.

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00:05:59,000 --> 00:06:03,000

These beliefs were also a strong component of Egyptian religious thought.

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At least some convictions have lived on through the ages in many cultures.

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It's been striking to me as I look back into the ancient classical writings on the subject,

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00:06:15,000 --> 00:06:19,000

and also writings from various cultures in the past,

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00:06:19,000 --> 00:06:25,000

how similar to the tales that we hear,

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00:06:25,000 --> 00:06:31,000

from contemporary patients who have a cardiac arrest in the emergency room,

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00:06:31,000 --> 00:06:35,000

how similar these tales are to the classical sources.

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00:06:35,000 --> 00:06:40,000

The Tibetan Book of the Dead, for instance, details exactly and minutely

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00:06:40,000 --> 00:06:47,000

the same kinds of things that modern-day cardiac patients tell us about the initial stages of death.

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00:06:49,000 --> 00:06:52,000

I think in the West we've had a lot of problems.

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00:06:52,000 --> 00:06:58,000

I think in the West we've had a lot of problems dealing with those internal parts of us that we can't see.

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00:06:58,000 --> 00:07:01,000

Whether we're talking about healing or we're talking about therapy,

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00:07:01,000 --> 00:07:06,000

any kind of the sciences in the West were very material-oriented,

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00:07:06,000 --> 00:07:08,000

and so we have to see it to believe it.

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00:07:08,000 --> 00:07:13,000

I think really we've reached a point in medicine where we can't ignore anymore

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00:07:13,000 --> 00:07:18,000

these experiences that people have been reporting since the dawn of man.

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00:07:18,000 --> 00:07:24,000

We can imagine that to these people death was not necessarily a terrible event, but a hopeful one.

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00:07:27,000 --> 00:07:33,000

The English word body comes from the Anglo-Saxon word boating.

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00:07:33,000 --> 00:07:38,000

Boating can be translated as a boat or home.

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00:07:38,000 --> 00:07:43,000

Home. To what? Spirit.

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00:07:43,000 --> 00:07:48,000

So, can this part of us survive our death?

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00:07:48,000 --> 00:07:51,000

Perhaps.

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00:07:59,000 --> 00:08:02,000

These two men could hardly be more different.

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00:08:02,000 --> 00:08:06,000

General George Patton and Wolfgang Amadeus Mozart.

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00:08:06,000 --> 00:08:09,000

But both had something in common.

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00:08:09,000 --> 00:08:12,000

One believed he had been reincarnated.

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00:08:12,000 --> 00:08:15,000

The other, some believed was reincarnated.

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These are a lit two of the better known people who may have experienced a past life.

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00:08:22,000 --> 00:08:28,000

General Patton was a dedicated soldier, a self-proclaimed war lover,

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00:08:28,000 --> 00:08:32,000

and he passionately believed that he had lived before as a Roman warrior,

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00:08:32,000 --> 00:08:37,000

and that warrior lived inside him as he fought his way through history.

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00:08:37,000 --> 00:08:41,000

Mozart was one of history's great prodigies,

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00:08:41,000 --> 00:08:44,000

composing his first mature work at the age of four.

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00:08:44,000 --> 00:08:50,000

Could such precocious talents merely be the premature awakening of a soulmate?

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00:08:50,000 --> 00:08:55,000

Well, certainly a lot of people spontaneously remember past lives, and it's very vivid.

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00:08:55,000 --> 00:09:00,000

And then we have these geniuses like Mozart at the age of six writing symphonies

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00:09:00,000 --> 00:09:07,000

that just belie the fact that we could just have a very mechanical physical brain.

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00:09:07,000 --> 00:09:12,000

It is illogical to me that anyone can sit down with a complicated machine,

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00:09:12,000 --> 00:09:16,000

like a piano, can play it perfectly by listening to the music.

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00:09:16,000 --> 00:09:19,000

I'm not sure what kind of brain cells need to connect to do that.

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00:09:19,000 --> 00:09:25,000

It is my viewpoint that in an earlier lifetime, these people knew how to play the piano and play it well.

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00:09:25,000 --> 00:09:28,000

Mozart, I think, is a classic example of this.

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00:09:28,000 --> 00:09:32,000

We come in with learning from previous lives, tremendous learning,

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00:09:32,000 --> 00:09:35,000

and so we have child prodigies and geniuses.

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00:09:35,000 --> 00:09:38,000

As far as I am concerned, this is recall.

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00:09:38,000 --> 00:09:41,000

We access past lives all the time.

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00:09:41,000 --> 00:09:48,000

I'm going to count slowly, and when you feel you're approaching this beautiful, clear, narjah.

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00:09:48,000 --> 00:09:53,000

This idea of some past life living on after physical death is a startling one.

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00:09:53,000 --> 00:09:57,000

A new kind of psychological study has been developed to explain it,

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00:09:57,000 --> 00:10:02,000

a new age science called past life therapy.

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00:10:02,000 --> 00:10:06,000

Will you help me? Are you from God? Are you from the white light?

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00:10:06,000 --> 00:10:07,000

Help me.

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00:10:07,000 --> 00:10:10,000

This woman is about to journey back into her subconscious.

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00:10:10,000 --> 00:10:14,000

She and her psychiatrist guide believe that she will soon experience a past life,

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00:10:14,000 --> 00:10:18,000

a life that may have a bearing upon her present.

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00:10:18,000 --> 00:10:23,000

They beat me.

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00:10:23,000 --> 00:10:28,000

And they don't stop.

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00:10:28,000 --> 00:10:32,000

I see blood on the walls and it's fine.

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00:10:32,000 --> 00:10:39,000

It's rather like being in a light sleep or in that period of being barely awake.

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00:10:39,000 --> 00:10:42,000

It occurs to all of us maybe after a long sleep awake in the morning

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00:10:42,000 --> 00:10:45,000

and for a few seconds we're just barely aware of the room

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00:10:45,000 --> 00:10:48,000

and still clearly recalling any dreams we may have had.

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00:10:48,000 --> 00:10:53,000

In the state I most commonly achieve is very similar to that.

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00:10:53,000 --> 00:10:59,000

This past life regression puts people in contact with repressed memories

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00:10:59,000 --> 00:11:02,000

or their imagination no one can say for certain.

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00:11:02,000 --> 00:11:04,000

Now you begin to study consciousness.

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00:11:04,000 --> 00:11:09,000

You can't help but see that there is more to consciousness than a finite physical body.

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00:11:09,000 --> 00:11:15,000

In my experience I have never encountered anyone who has not had a past life, even the skeptics.

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00:11:15,000 --> 00:11:21,000

It's a fantastic theory that we embody the essence of thousands who lived before us.

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00:11:21,000 --> 00:11:28,000

Any concept that fantastic must have many explanations, some perhaps very ordinary.

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00:11:28,000 --> 00:11:30,000

We are ancient.

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00:11:30,000 --> 00:11:37,000

And as nearly as I can tell we began inhabiting forms almost before the universe was formed.

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00:11:37,000 --> 00:11:41,000

So when you take a look at when we perceive the universe was formed

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00:11:41,000 --> 00:11:45,000

and then you figure how many lifetimes we lived, we're looking at a vast number.

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00:11:45,000 --> 00:11:55,000

I was a priest in Atlantis, a high priest and had a lot of psychic ability.

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00:11:55,000 --> 00:12:01,000

I think the earliest one that I went to was kind of like being a tribesman in the forest

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00:12:01,000 --> 00:12:05,000

and I remember feeling very proud that I had two wives.

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00:12:05,000 --> 00:12:16,000

When she regressed me I found myself on a ship and I was a man and I was the first mate.

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00:12:16,000 --> 00:12:30,000

The only lifetime that I've been able to validate to a certain degree was the lifetime that I was the wife of Marcus Aurelius Caesar.

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00:12:30,000 --> 00:12:34,000

These are lovely fantasies but they're fantasies.

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00:12:34,000 --> 00:12:37,000

They're believed in fantasies sometimes.

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00:12:37,000 --> 00:12:45,000

And people erroneously think that because you can have this experience and the individual believes it's real sometimes

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00:12:45,000 --> 00:12:50,000

that that is as if it were real, that it really is that way.

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00:12:50,000 --> 00:12:58,000

Guide yourself toward the earlier lifetime that will give you understanding of these feelings.

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00:12:58,000 --> 00:13:03,000

Begin now to move earlier in time.

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00:13:03,000 --> 00:13:06,000

Move earlier in time.

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00:13:06,000 --> 00:13:13,000

It's interesting to me that most of the past lives which people go back to are like the 18th century

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00:13:13,000 --> 00:13:17,000

and sometimes back to being clear patron and so forth.

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00:13:17,000 --> 00:13:24,000

You don't tend to have people have past lives regression to let's say 1930 or 1940

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00:13:24,000 --> 00:13:28,000

because it's too easy to check their data.

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00:13:28,000 --> 00:13:31,000

Are you an email or female body?

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00:13:31,000 --> 00:13:37,000

My husband is a pair in the court of the King of France.

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00:13:37,000 --> 00:13:40,000

What exactly is happening to these people?

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00:13:40,000 --> 00:13:46,000

Are they really in touch with their past lives or are these mere fantasies?

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00:13:46,000 --> 00:13:55,000

If they are real, the existence of these prior lifetimes presupposes that life or at least its essence can survive death.

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00:13:55,000 --> 00:14:05,000

This is called reincarnation and we who are incarnated today must think carefully about what it suggests for our future.

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00:14:05,000 --> 00:14:09,000

If this world exists, is it possible for us to explore it?

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00:14:09,000 --> 00:14:18,000

Some say yes, anyone can voyage to a previous life or lives, one just needs to be at the right place at the right time.

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00:14:18,000 --> 00:14:24,000

The eternal quest for definitions of this metaphysical world has created a multi-million dollar industry.

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00:14:24,000 --> 00:14:34,000

A new vocabulary has entered the language with words like vortex and power spots and vibrational levels.

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00:14:34,000 --> 00:14:37,000

What do those words mean?

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00:14:37,000 --> 00:14:43,000

This is a quiet land, a place where time takes a breath before hurrying along.

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00:14:43,000 --> 00:14:50,000

This is Sedona, a small community located in Northern Arizona in the United States.

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00:14:50,000 --> 00:14:54,000

And some believe that this is more than a beautiful landscape.

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00:14:54,000 --> 00:15:02,000

They believe Sedona is an energy center where minds and consciousness can be healed and evolve.

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00:15:02,000 --> 00:15:11,000

Sedona seems to be a place where there are four energy vortexes.

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00:15:11,000 --> 00:15:18,000

There are vortexes all over the earth and if you care to use your energy to explore psychically,

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00:15:18,000 --> 00:15:23,000

they are going to expand or amplify your psychic energy.

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00:15:23,000 --> 00:15:26,000

So people come here and they want to explore their psychic abilities.

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00:15:26,000 --> 00:15:33,000

What happens is just like a shot in the arm, they are able to experience far more here than they would experience at home.

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00:15:33,000 --> 00:15:38,000

These vortexes can serve as power spots and according to metaphysicians,

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00:15:38,000 --> 00:15:46,000

they enhance one's ability to penetrate the gloom of lower consciousness and reach one's past life.

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00:15:46,000 --> 00:15:53,000

It's a physics type thing, it's electromagnetic energy fields with the magnetic energy of the vortex.

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00:15:53,000 --> 00:15:59,000

And what we do is we blend or measure our individual energy with the vortex energy and we ask questions.

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00:15:59,000 --> 00:16:03,000

Be it on past life regression or a futuristic event.

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00:16:03,000 --> 00:16:10,000

I was a bit of a skeptic regarding the vortexes and I can really say I got more from it than I thought I would.

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00:16:10,000 --> 00:16:16,000

I have experienced some of my most vivid past life regressions in the energy vortex.

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00:16:16,000 --> 00:16:22,000

It's hard to verify past lives but we have definitely been able to verify much that we've received in this way.

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00:16:22,000 --> 00:16:27,000

So it just seems to enhance anything that you might want to do subjectively.

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00:16:31,000 --> 00:16:36,000

According to metaphysical experts, there are four main power spots in the world.

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00:16:43,000 --> 00:16:51,000

Positive power spots are located in two places, here in Kauai in Hawaii and in Sedona, Arizona.

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00:16:52,000 --> 00:17:00,000

Negative spots can be found in Sussex and Eliect or in the Caribbean in a place known as the The

Muda Triangle.

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00:17:02,000 --> 00:17:11,000

In Sedona today, Dick Sutphen conducts mass seminars where hundreds pay hundreds to connect with their latent psychic abilities.

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00:17:11,000 --> 00:17:20,000

Some believe that these fantastic powers are only fantasy powers located in the imagination, not in a vortex.

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00:17:21,000 --> 00:17:31,000

Any time throughout history we've had miracle places and it has much to do with the expectations of the individual.

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00:17:31,000 --> 00:17:39,000

Jané, the great Sakai Christ of the 19th century, studied lords and he said,

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00:17:39,000 --> 00:17:47,000

I can tell by the amount of dust on the traveler's shoes whether he will get cured.

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00:17:47,000 --> 00:17:52,000

The further he comes, the more likely it is that he'll be cured.

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00:17:52,000 --> 00:17:56,000

These are magical events, they're fantasy events.

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00:17:56,000 --> 00:18:07,000

I think we are on the edge of a new age. I think the difference between the old age and the new age is the fact that new ages tend to find their answers within.

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00:18:07,000 --> 00:18:16,000

We have the ability with these ideas, with these techniques that I'm developing and my friends are developing and people I've never met yet are developing

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00:18:16,000 --> 00:18:26,000

to make a major, major change in the way things are done to take this leap into a new age, whatever that may be.

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00:18:29,000 --> 00:18:36,000

If we are truly on the edge of a new age of self-discovery, our lives could be irrevocably changed.

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00:18:36,000 --> 00:18:40,000

There may be truth to the saying, little knowledge is a dangerous thing.

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00:18:42,000 --> 00:18:44,000

I wasn't here very long.

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00:18:44,000 --> 00:18:46,000

You were here very long and you were already there.

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00:18:46,000 --> 00:18:48,000

I wasn't here long enough to find out.

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00:18:48,000 --> 00:18:49,000

I was born again.

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00:18:49,000 --> 00:18:52,000

I was back into a party so fast.

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00:18:52,000 --> 00:18:58,000

Confronting the past that lives inside us is not always a pleasant experience.

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00:18:58,000 --> 00:19:04,000

As like therapy is a tool, it needs to be an experienced hands. It needs to be in the hands of a professional.

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00:19:04,000 --> 00:19:08,000

If you were going to have your house painted, you'd have several estimates.

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00:19:08,000 --> 00:19:12,000

And if you were going to do something in your yard, you'd have several estimates.

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00:19:12,000 --> 00:19:24,000

But I see people going to get somebody to help them with past life or therapy of any kind and then not really looking at the person's credentials or at least their successes.

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00:19:24,000 --> 00:19:25,000

I think that's important.

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00:19:25,000 --> 00:19:28,000

I think the primary danger is being too gullible.

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00:19:28,000 --> 00:19:35,000

There are always those people that just accept everything and anything. Too much of a true believer.

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00:19:35,000 --> 00:19:37,000

I have a problem with that.

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00:19:40,000 --> 00:19:47,000

Life after death is a staggering concept, but it's an indelible belief for many.

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00:19:47,000 --> 00:19:51,000

Is it possible for us to live on internally?

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00:19:51,000 --> 00:19:53,000

Certainly our actions do so.

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00:19:53,000 --> 00:20:05,000

Awareness that our lives do have consequences and that good can live on internally should only improve our lives in this incarnate phase.

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00:20:09,000 --> 00:20:11,000

Is death certainly the beginning?

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00:20:14,000 --> 00:20:17,000

That is a question we will all answer.

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00:20:24,000 --> 00:20:32,000

A secret to know is based on theories and opinions, some of which are controversial.

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00:20:32,000 --> 00:20:45,000

The producer's purpose is not to validate any side of an issue, but through the use of actualities and chromatic recreation relate a possible answer, but not the only answer to this material.

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00:20:45,000 --> 00:20:47,000

The only answer to this material.

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00:21:17,000 --> 00:21:19,000

We call the future.

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00:21:19,000 --> 00:21:24,000

In the 16th century he was certainly the most famous of the prophets.

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00:21:24,000 --> 00:21:29,000

And today, 400 years later, we still heed his words.

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00:21:29,000 --> 00:21:34,000

He foretold with crystal clarity the history of mankind before it happened.

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00:21:34,000 --> 00:21:40,000

For a prophet to be as famous worldwide, centuries after he lived,

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00:21:40,000 --> 00:21:42,000

shows that there must be something there.

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00:21:42,000 --> 00:21:46,000

He has come to symbolize the occult, the fantastic, but he was very real.

222

00:21:47,000 --> 00:21:55,000

His mission was to warn us of many of the dire things he foresaw in coming human race.

223

00:21:56,000 --> 00:21:59,000

He was Nostradamus.